

Meditation and Prayer
First Unitarian Church of Baltimore
February 15, 2009
Rev. Lyn Oglesby, Ph.D.

Let us gentle our hearts, center our minds, ease the tension in our bodies as we join together in meditation or prayer.

Oh Spirit of Life, whatever and wherever, mystery of mysteries that we will never understand, yet sense and feel....

It is wonderful to be here this morning to celebrate love and all it represents. To hear the choir sing, and to sing our hymns, to read and be together in a spirit of reverence for all life, is our great privilege. We are blessed with this church and its history and traditions, yet continuously called to move forward into a meaningful future. We are blessed with new members, blessed that they have chosen to become part of this living tradition. We are blessed with talented youth, who care enough to share their talent to raise money for those who cannot afford to heat their homes. We are pleased and grateful for the example set by our Social Action group.

Our hearts go out to all those who are ill, injured, or homebound, and to those who have lost their lives in recent accidents and plane crashes, on the battlefield, or on the street. May those who love and loved them feel the comfort of friends and family.

We note the legacy of our sixteenth president, Abraham Lincoln, and the care and compassion and wisdom he showed during his brief lifetime.

May we help one another during these days of job losses and economic hardship, and be ever mindful and sensitive to our neighbors, and the stresses that rise up to meet them.

We hope for peace in the world, and justice for all, and let us continue to

work for better schools and services for our citizens and fellow human beings.

Life is fragile. We are fragile. Let us not hesitate to reach out and ask for help or a listening ear when we need someone. And let us not fail to provide that listening ear and compassionate spirit when we are called upon, however inconvenient it may be. This is our ministry, to love one another.

May love guide us every moment of every day, in all we think, speak, and do.

Let us remain together in silence.

Amen